

# 50 or over?

Make your move and ask about

# PREVNAR 13

Don't let the risk of  
**PNEUMOCOCCAL  
PNEUMONIA**

ruin your  
groove.



- It can be a serious disease
- Your risk increases after 50

Prevnar<sup>®</sup> 13 will only protect against diseases caused by the types of *Streptococcus pneumoniae* bacteria covered by the vaccine and it does not reduce complications of pneumococcal disease, such as hospitalization.

**Prevnar.ca**



*Prevnar*<sup>®</sup> 13

Your risk increases **with age**

**50+** because your immune system naturally weakens as you get older

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Your risk also increases **if you are**

**18+** with a **RISK FACTOR**

## RISK FACTORS

### Medical conditions

- Chronic lung disease (including asthma and COPD)
- Chronic heart disease
- Chronic liver disease
- Involving immunosuppression (e.g., transplants, HIV)
- Diabetes
- Cancer
- Certain neurological conditions

### Lifestyle factors

- Smoking
  - Alcoholism
  - Living in long-term care facilities
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Pevnar 13 should not be used if you are allergic (hypersensitive) to the active substances, to any other ingredients in the vaccine, or to any other vaccine that contains diphtheria toxoid.

Take special care with Pevnar 13:

- If you have any present or past medical problems after any dose of Pevnar 13
- If you are sick with a high fever
- If you have any bleeding problems

As with any vaccine, Pevnar 13 will not protect 100% of those who receive the vaccine.



## The spread is **unpredictable**

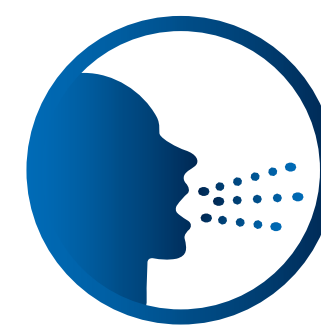
*Streptococcus pneumoniae*, the bacteria causing pneumococcal pneumonia, can be present in your body without causing any symptoms.

**Even though you may not show any symptoms, you can still infect others.**

**Like the flu, the bacteria can be passed on from person to person through:**



Talking



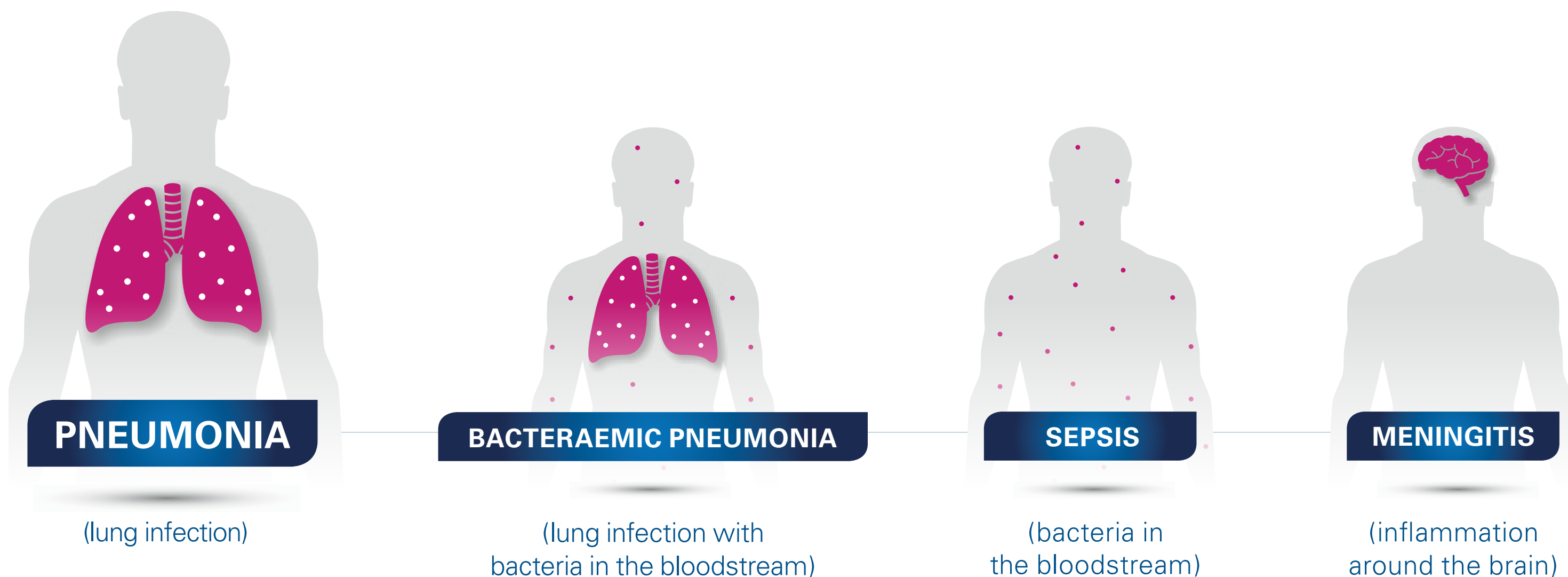
Coughing



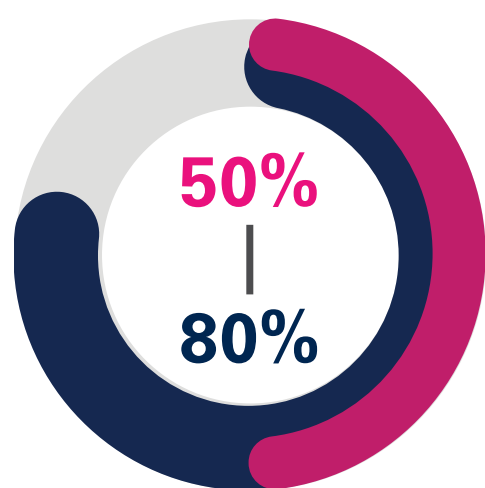
Sneezing

## Pneumococcal disease can be **SERIOUS**

**Pneumococcal disease** is any infection caused by the bacteria *Streptococcus pneumoniae*, including:



## Pneumococcal pneumonia



- Makes up **50 to 80%** of the invasive form of **pneumococcal disease in adults**
- Is the most common bacterial type of **pneumonia**

- Can be **life-threatening**, and may require **admission to the hospital or intensive care unit**

Pevnar 13 is not indicated to reduce complications of pneumococcal diseases, such as hospitalization and death.

## It may be **vaccine-preventable**

You can also help prevent pneumococcal pneumonia by:

- Practicing good hygiene
- Quitting smoking
- Exercising and eating healthy to keep your immune system strong

*Pevnar*<sup>®</sup> 13

To learn more, visit [Pevnar.ca](http://Pevnar.ca)  
DIN: 02335204



# Get a single-shot\* vaccine to help prevent PNEUMOCOCCAL PNEUMONIA.

## *Prevnar<sup>®</sup> 13*

**Prevnar 13 helps your body make its own antibodies to help protect you** against diseases such as pneumonia, bacteraemic pneumonia, sepsis and meningitis caused by 13 types of the bacteria *Streptococcus pneumoniae*.

The most common side effects reported in at least 1 in 10 adults are decreased appetite, headache, diarrhea, rash, new/aggravated joint pain, new/aggravated muscle pain, chills, fatigue, any pain/tenderness/redness/swelling/hardness at the injection site, and limitation of arm movement. Common side effects reported in at least 1 in 100 adults, but less than 1 in 10 adults, are vomiting (in adults aged 50 years and over) and fever.

\* The need for revaccination with a subsequent dose of Prevnar 13 has not been established.



**Date of vaccination:**



**• I DID IT! •**



# 50 or over?

Your risk of pneumococcal pneumonia has gone up – and it can be a serious disease.



**THINK  
PREVENTION  
THINK  
PREVNAR 13**

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